

The Gap Community Centre Timetable

Day	Time	Activity	Price
Mon	08.00-11.00	Springfield Mind	N/A
	10.30-12.00	Computer Cafe	£2
	14.00-16.00	Art Club	£3
	16.30-18.30	Junior Youth Club	£1.20/60p
	20.00-21.30	Twelve Steps	Donation
Tues	09.30-10.30	Extend Exercise	£4
	10.00-12.00	Niko Niko (Japanese toddler group)	Donation
	10.00-12.00	Prospects Career Advice	Free
	11.00-12.00	Gentle Yoga	£4
	12.30-15.30	Springfield Mind	Free
	13.15-15.15	Live Life (1 st Tuesday of the month)	Free
16.30-18.30	Junior Youth Club	£1.20/60p	
Wed	09.30-11.00	Stay and Play	Free
	10.00-14.00	Job Club	Free
	10.00-13.00	Guideposts	Free
	10.30-13.00	Lunch Club + Bingo	£5+Bingo
	13.30-15.30	Sewing Club	£3
	17.00-19.00	Senior Youth Club	£1.20/60p
19.30-21.45	Alcoholics Anonymous	Donation	
Thurs	09.30-10.30	Tai Chi	£4
	11.00-12.00	Zumba Gold	£4
	10.00-11.30	Baby Clinic (3rd Thursday of month)	Free
	19.00-22.00	Dog Training call: 01926 775591	P.O.A.
Fri	09.30-10.30	Nifty Over 50	£4
	10.00-12.00	Knit & Natter	Free
	14.00-17.00	Springfield Mind	N/A
	18.30-20.00	Karate - Call: 07880 626806	P.O.A.
	19.00-20.00	Yoga	£6
Sat	12.30-22.00	Available for Children's Party Bookings	P.O.A.
Sun	10.30-12.00	Open House Community Church	Free
	12.30-22.00	Available for Children's Party Bookings	P.O.A.

For activities where a telephone no. is not provided, please call 01926 494200 for more details.

U3A Classes are held periodically throughout the year. Please visit www.warwickdistrictu3a.org.uk/ for more details